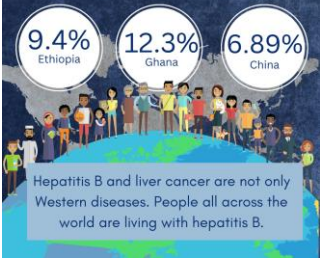






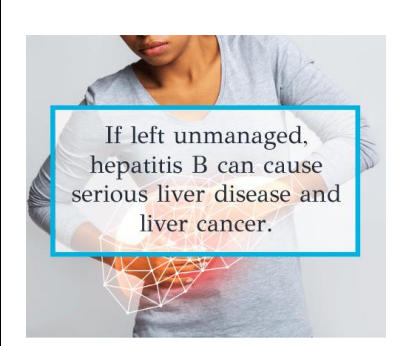
- Back to Basics
- Management
- Prevention
- Symptoms
- Testing
- Transmission



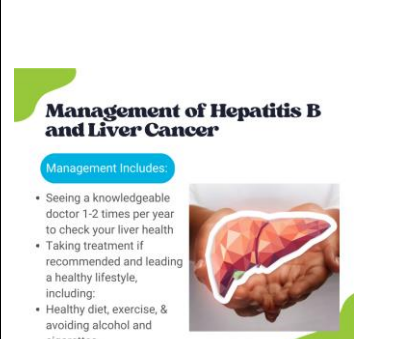
BACK TO BASICS



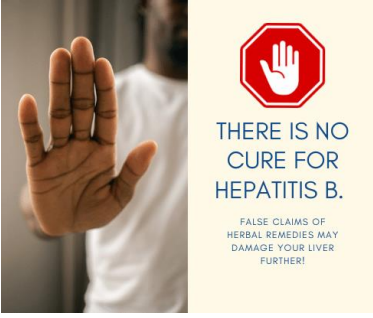

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|  <p>Hepatitis B and liver cancer are not only Western diseases. People all across the world are living with hepatitis B.</p> | <p>Back to Basics #1</p> <p>Hepatitis B is the most common serious liver infection. This virus injures and attacks the liver. About 300 million people around the world are living with #hepatitisB. The good news is that hep B is completely preventable and manageable!</p> <p>Learn more about #hepB here: www.hepb.org/what-is-hepatitis-b/what-is-hepb/</p> |
|  <p>Hepatitis B is common throughout the world and in the U.S. Every adult should be tested for hepatitis B.</p> | <p>Back to Basics #2</p> <p>Hepatitis B is the most common serious liver infection. This virus injures and attacks the liver. About 300 million people around the world are living with #hepatitisB. The good news is that hep B is completely preventable and manageable!</p> <p>Learn more about #hepB here: www.hepb.org/what-is-hepatitis-b/what-is-hepb/</p> |
|  <p>The liver is very important for health - everything that you eat, drink, breathe, or absorb through your skin goes through your liver!</p> <p>Learn all the basics of hep B at www.hepb.org</p> | <p>Back to Basics #3</p> <p>Keep in mind everything you eat, drink, breathe, or absorb through your skin is eventually filtered by the liver. So, protect your liver and your health by eating plenty of fruits and veggies!</p> <p>Learn more healthy liver tips here: https://www.hepb.org/treatment-and-management/adults-with-hepatitis-b/healthy-liver-tips/</p> |
|  <p>ANYONE CAN GET HEPATITIS B.</p> <p>MANY PEOPLE FROM AFRICA AND ASIA TEND TO BE AFFECTED BECAUSE OF THE LACK OF ACCESS TO VACCINES, TESTING, AND TREATMENT IN MANY COUNTRIES.</p> <p>Learn all the basics of hep B at www.hepb.org</p> | <p>Back to Basics #4</p> <p>Hepatitis B is preventable and treatable. There is a simple blood test to diagnose a hepatitis B infection. Testing is the only way to know for sure if you are infected. There is also a safe vaccine to prevent hepatitis B.</p> <p>Learn more: https://www.hepb.org/what-is-hepatitis-b/what-is-hepb/</p> <p>#GetTested4HepB</p> |


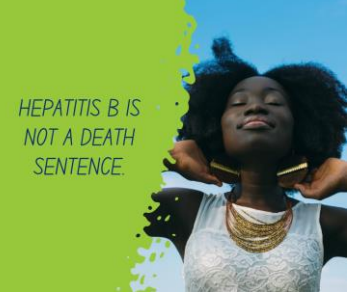
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|  | <p>Back to Basics #5</p> <p>Hepatitis B is the most common serious liver infection in the world. It is caused by the hepatitis B virus that attacks and injures the liver. Two billion people (or 1 in 3) have been infected and about 300 million people are living with a chronic hepatitis B infection. Each year up to 1 million people die from hepatitis B, even though it is preventable and treatable.</p> <p>Learn more: www.hepb.org #HepatitisB</p> |
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MANAGEMENT


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|  | <p>Management #1</p> <p>Hepatitis B is a “silent epidemic” because most people do not have symptoms when they are living with the infection. Thus, they can unknowingly spread the virus to others and continue the silent spread of hepatitis B. Even without symptoms, liver damage can still happen and can develop into serious liver disease, such as cirrhosis or liver cancer.</p> <p>Learn more: www.hepb.org #LiverDisease</p> |
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|    | <p>Management #2</p> <p>People living with chronic #hepatitisB should expect to live a long and healthy life. There are decisions you can make to protect your liver and your health.</p> <p>If you test positive for #hepatitisB, the first step to managing your health is to visit your doctor. Learn how to prepare for your appointment here: https://www.hepb.org/research-and-programs/liver/talking-to-your-health-care-team/</p> <p>#HepBmanagement</p> |
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|   | <p>Management #3</p> <p>The most important thing to remember is that hepatitis B is a chronic medical condition that can be successfully managed if you take good care of your health and your liver. You should expect to live a long, full life!</p> <p>Learn about treatment options for #hepB on our website: https://www.hepb.org/treatment-and-management/treatment/</p> <p>#HepBmanagement</p> |
|  | <p>Management #4</p> <p>Fact Check: Herbal remedies do not cure #hepatitisB. Although there is no cure, there are approved drugs for both adults and children that control the hepatitis B virus, which helps reduce the risk of developing more serious liver disease.</p> <p>Learn about treatment options: https://www.hepb.org/treatment-and-management/treatment/</p> |
|  | <p>Management #5</p> <p>If you test positive for #hepatitisB, the first step to managing your health is to visit your doctor. During a physical exam, your health care provider will ask about your symptoms and any risk factors that you may have for liver cancer. [exclude twitter: They will also check your belly or abdomen and your skin and eyes to look for signs of jaundice.]</p> <p>Learn how to prepare for your appointment here: https://www.hepb.org/research-and-programs/liver/talking-to-your-health-care-team/</p> |

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|  <p>HEPATITIS B IS MANAGEABLE & PEOPLE WITH THE VIRUS CAN LIVE LONG AND HEALTHY LIVES!</p> | |
|  <p>HEPATITIS B IS NOT A DEATH SENTENCE.</p> | <p>Management #6</p> <p>Around the world, many people living with chronic hepatitis B face discrimination. The stigma that persists is based on ignorance and it impacts millions around the world daily.</p> <p>If you are faced with discrimination due to hepatitis B, please share your experience anonymously and confidentially through our Discrimination Survey: https://www.surveymonkey.com/r/hepbdiscrimination</p> <p>#EndHepBdiscrimination</p> |

PREVENTION

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|  | <p>Prevention #1</p> <p>The hepatitis B vaccine is also known as the first “anti-cancer” vaccine because it prevents hepatitis B, the leading cause of liver cancer worldwide.</p> <p>Learn about #hepB vaccine recommendations here: https://www.hepb.org/prevention-and-diagnosis/vaccination/</p> <p>#GetVaxed4HepB</p> |
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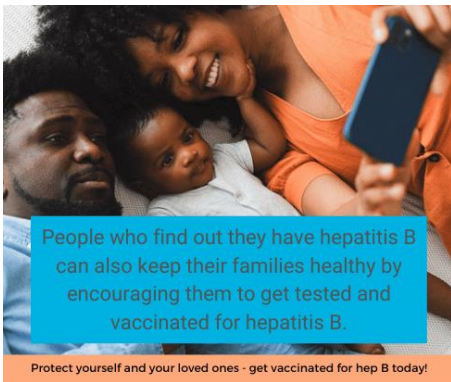


Prevention #2

It takes only a few shots to protect yourself and your loved ones against #hepatitisB for a lifetime.

The hepatitis B vaccine is a safe and effective vaccine that is recommended for all infants at birth, for children up to 18 years, for all adults ages 19-59, and for adults ages 60+ at high risk for hepatitis B. #GetVaxed4HepB

Learn more: <https://www.hepb.org/prevention-and-diagnosis/vaccination/>



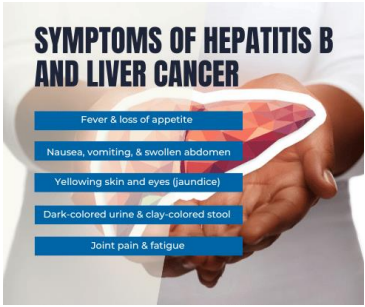
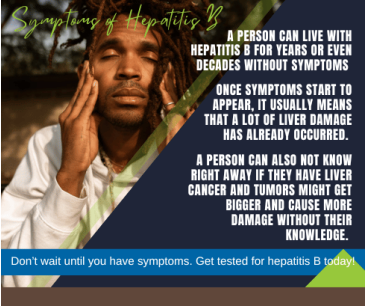
Prevention #3

If an uninfected, unvaccinated person - or anyone who does not know their hepatitis B status - is exposed to the hepatitis B virus through contact with infected blood, a timely “postexposure prophylaxis” (PEP) can prevent an infection. This means a person should seek IMMEDIATE medical attention to start the hepatitis B vaccine series.



Learn about post-exposure to hepatitis B here: <https://www.hepb.org/prevention-and-diagnosis/post-exposure-treatment/>

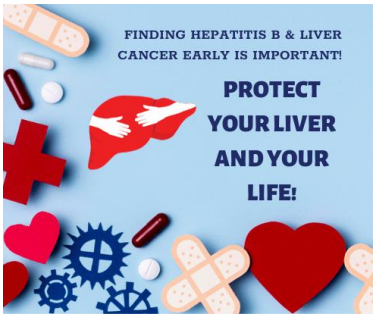
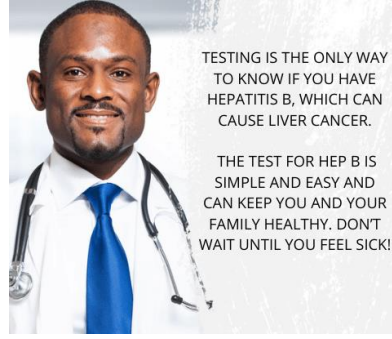
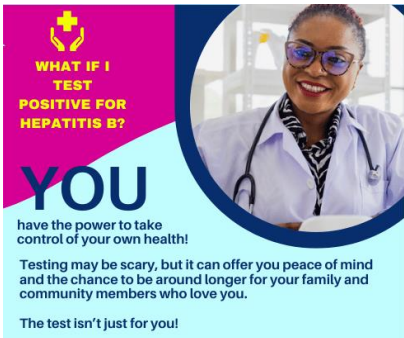

#GetVaxed4HepB

SYMPTOMS

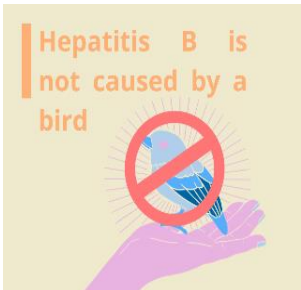

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|  |  | <p>Symptoms #1</p> <p>Hepatitis B is called a "silent infection" because most people do not have any symptoms when they are first infected. Testing is the only way to know for sure if you are living with the virus.</p> <p>#hepBSymptoms</p> <p>Learn more about common #hepB symptoms here: https://www.hepb.org/what-is-hepatitis-b/what-is-hepb/symptoms/</p> |
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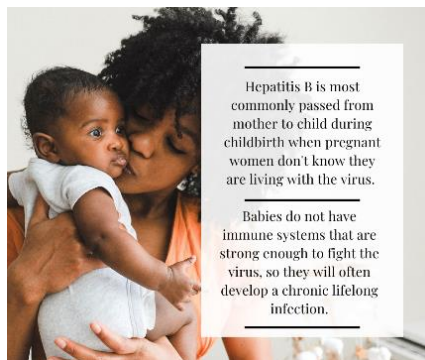

TESTING

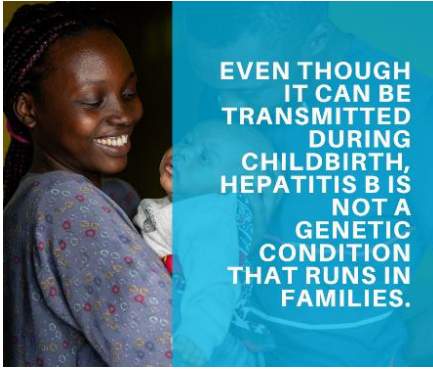

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|  | <p>Testing #1</p> <p>Hepatitis B testing will not only benefit you, but also your family and children you may have in the future. Get tested for #hepatitisB today!</p> <p>Learn more: https://www.hepb.org/prevention-and-diagnosis/diagnosis/</p> <p>#GetTested4HepB</p> |
|  | <p>Testing #2</p> <p>Hepatitis B testing is available from many sources throughout the United States. Our Hep B United partners provide testing in cities throughout the U.S. Visit http://hepbunited.org/local-campaigns to learn more about local coalitions near you and upcoming screenings.</p> <p>#GetTested4HepB</p> |

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|  | <p>Testing #3</p> <p>Most people who are living with hepatitis B are unaware of their infection for many years and can unknowingly spread the virus to others. Don't wait to get tested! If you test negative for #hepB, you can get VACCINATED! #GetTested4HepB</p> <p>[optional link] Learn more about the #hepatitisB vaccine here: https://www.hepb.org/prevention-and-diagnosis/vaccination/</p> |
|  | <p>Testing #4</p> <p>The hepatitis B blood test requires only one sample of blood, and your health care provider should order the "Hepatitis B Panel," which includes three parts. The most important thing to remember is that hepatitis B is a chronic medical condition that can be successfully managed if you take good care of your health and your liver. You should expect to live a long, full life. #GetTested4HepB</p> |
| <p>Testing #5</p> <p>Almost 300 million individuals across the globe are living with chronic hepatitis B. Hepatitis B is a virus that affects your liver. If left untreated, it can damage your liver and could lead to liver cancer. Don't wait to get tested for #hepB.</p> <p>#GetTested4HepB</p> |   |

TRANSMISSION

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| <p>Transmission #1</p> <p>Hepatitis B is NOT transmitted casually, or through animals or spiritual forces. It cannot be spread through toilet seats, doorknobs, sneezing, coughing, hugging, or eating meals with someone who is living with hepatitis B. Learn more: https://www.hepb.org/prevention-and-diagnosis/transmission/</p> |   |
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| |  <p>HEPATITIS B IS NOT SHARED THROUGH:</p> <ul style="list-style-type: none"> WATER SHARING, A CUP OR TOILET WITH SOMEONE LIVING WITH HEPATITIS B BREASTFEEDING AND DRINKING SNEEZING OR COUGHING HOLDING HANDS EATING FOOD PREPARED BY SOMEONE WITH HEPATITIS B DIRTY LIVING CONDITIONS SHARING MEALS, BOWLS, OR UTENSILS DUGGING OR KISSING <p>Learn all the basics of hep B at www.hepb.org</p> |
|  <p>Hepatitis B is most commonly passed from mother to child during childbirth when pregnant women don't know they are living with the virus.</p> <p>Babies do not have immune systems that are strong enough to fight the virus, so they will often develop a chronic lifelong infection.</p> | <p>Transmission #2</p> <p>Babies born to a mother living with hepatitis B have a greater than 90% chance of developing chronic hepatitis B if they are not properly vaccinated at birth. If you are pregnant while living with #hepB, learn which steps to take on our website: https://www.hepb.org/treatment-and-management/pregnancy-and-hbv/</p> <p>#HepatitisBtransmission</p> |
| <p>Transmission #3</p> <p>The hepatitis B virus is transmitted through blood and bodily fluids. All sexual partners, family and close household members living with a chronically infected person should be tested and vaccinated for #hepB.</p> <p>#HepatitisBtransmission</p> |  <p>HEPATITIS B IS TRANSMITTED THROUGH DIRECT CONTACT WITH BLOOD OR BODILY FLUIDS THAT HAVE THE VIRUS IN THEM BUT NOT THROUGH SALIVA, SWEAT OR TEARS.</p> <p>Learn more: https://www.hepb.org/prevention-and-diagnosis/transmission/</p> |

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|  <p>EVEN THOUGH IT CAN BE TRANSMITTED DURING CHILDBIRTH, HEPATITIS B IS NOT A GENETIC CONDITION THAT RUNS IN FAMILIES.</p> | <p>Transmission #4</p> <p>The hepatitis B virus can infect infants, children, teens and adults. It is not a genetic disease – it is an infectious disease that is transmitted through blood. Although everyone may be at risk for a hepatitis B infection during their lifetime, there are groups of people who are at higher risk because of where they were born, their occupation, or lifestyles. Learn more: https://www.hepb.org/prevention-and-diagnosis/transmission/</p> <p>#GetVaxed4HepB</p> |
|  <p>Hepatitis B can be unrelated to sexual activity or drug use</p> | <p>Transmission #5</p> <p>Every person may be at some risk for a hepatitis B infection during their lifetime, so all people should consider getting the hepatitis B vaccine. However, some groups are more likely to be exposed to the hepatitis B virus. Visit our website for the CDC’s list of people at increased risk of infection: https://www.hepb.org/prevention-and-diagnosis/vaccination/</p> <p>#GetVaxed4HepB</p> |